

PRAYING THE ROSARY WITH YOUR FAMILY

As you pray the Rosary, think of the events in the life of Mary and Jesus. Each event is called a ‘Mystery’. There are four sets of Mysteries – Joyful, Light, Sorrowful and Glorious - and each set is divided into five events from the Annunciation to the Coronation (*see over*).

During October, focus on one set of Mysteries each week. As you pray, think about a different event each day.

**Begin with the sign of the cross:*

“In the name of the Father, and of the Son and of the Holy Spirit”

**Holding the crucifix at the end of your rosary, pray the Apostles’ Creed:*

“I believe in God the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, Our Lord. He was conceived by the power of the Holy Spirit and was born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints; the forgiveness of sins, the resurrection of the body; and life everlasting. Amen”

**Move onto the five beads adjoining the crucifix. Pray one ‘Our Father’, three ‘Hail Mary’s’ and a ‘Glory be’*

“Our Father, who art in heaven, hallowed be thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen”

“Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen”

“Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen”

**Now, moving on to the decades (the five set of ten beads), pray one ‘Our Father’, ten ‘Hail Mary’s’ and a ‘Glory be’. Finish with the Fatima prayer:*

“O MY JESUS, forgive us our sins, save us from the fires of hell and lead all souls to heaven especially those who have most need of thy mercy. Amen”

**You can end each day with the prayer to St Michael and the ‘Hail, Holy Queen’*

Holy Michael, Archangel, defend us on the day of battle; be our safeguard against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, Prince of the Heavenly Hosts, by the power of God, thrust down to hell Satan and all other evil spirits who wander through the world for the ruin of souls. Amen

HAIL, HOLY QUEEN, Mother of Mercy. Hail our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God; that we may be made worthy of the promises of Christ.

***Let us pray:* O God, whose only-begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech you, that meditating on those Mysteries of the most Holy Rosary of the blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen**

THE JOYFUL MYSTERIES

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation
5. Finding of the Child Jesus in the Temple

THE MYSTERIES OF LIGHT

1. Christ's Baptism in the Jordan
2. Christ's Self-revelation at the Marriage at Cana
3. Christ's Proclamation of the Kingdom of God with His Call to Conversion
4. Christ's Transfiguration
5. Christ's Institution of the Eucharist

THE SORROWFUL MYSTERIES

1. The Agony in the Garden
2. The Scourging at the Pillar
3. Crowning with Thorns
4. Carrying of the Cross
5. The Crucifixion

THE GLORIOUS MYSTERIES

1. The Resurrection
2. The Ascension
3. Descent of the Holy Spirit
4. The Assumption
5. The Coronation

Pray the Rosary with Archbishop John and The Mark 10 Mission this October. The Rosary Challenge invites you to pray a decade of the Rosary each weekday in October. The Mark 10 Mission has created beautiful online videos for each mystery of the Holy Rosary, led by Archbishop John. To watch the videos and learn more, please visit themark10mission.co.uk or The Mark 10 Mission YouTube channel [@themark10mission](https://www.youtube.com/@themark10mission).

We fly to thy patronage, O Holy Mother of God. Despise not our prayers in our necessities but deliver us from all dangers, O glorious and blessed Virgin